



Dennis D. Frost

June 17, 1953 - November 1, 2024

Dennis Dean Frost was born on June 17, 1953 in Leavenworth, WA to Steven Cyrus Frost and Dessie Orpha Frost. He often joked about how he was born in a Sanitarium, which seemed fitting.

He grew up in Cashmere, WA at the mouth of the Nahahum Canyon and spent afternoons running in the hills which prepared him for his many activities. He loved growing up in the small town of Cashmere, eventually playing football in high school and graduating in 1971. After high school he was going to school in Portland, OR when he received his draft notice and enlisted in the Oregon Army National Guard. He found out he loved the military life and attempted to transfer to the Active Army, unfortunately they were downsizing at the time, so he transferred to Wenatchee, serving a 6 year hitch. He decided to reenlist and go to Officer Candidate School in Ft. Benning, GA and graduated as a 2nd Lieutenant and retired as a Captain. During his time in the National Guard, he traveled to Japan, New Zealand, and helped with the cleanup after Mt. St. Helens. After 21 years of dedicated service, he retired from the Guard.

During his service in the Guard, he also worked at the Alcoa Plant in Wenatchee and retired after 34 years. He kept busy by working at a few other jobs afterwards, Bethlehem and then Chamberlin because he knew if he didn't, Marna would have plenty of "honey-do" jobs around the house to keep

him busy. He was a life member of the Rocky Mountain Elk Foundation, an avid elk hunter, and loved being out on his fishing boat.

He married Marna Wallace on July 18, 1981 in Richland, WA and moved to Cashmere, where they lived in the same house for over 43 years. They raised a daughter and two sons. He was preceded in death by his parents, an older half-brother and a stillborn brother. He is survived by his wife, Marna, a daughter, Stephanie (Kevin), granddaughter, Madelyn, grandson, Bennet, two sons, Isaac (Ashley) and Phillip (Bree) along with his son from a previous marriage, Shane, and older brother, Stephen.

There is a planned Celebration of Life service at the Cashmere High School community center on Saturday, November 23, 2024 from 1pm to 3pm.

Previous Events

Service

NOV **23**. 1:00 PM - 3:00 PM (PT)

Cashmere High School Community Center
329 Tigner Rd
Cashmere, WA 98815

Tribute Wall

JK

“ Jay King & Kathy Kimball purchased the Peaceful White Lilies Basket for the family of Dennis D. Frost.



Jay King & Kathy Kimball - November 21, 2024 at 10:30 AM

MB

“ Hey Mike: I found this photo of Dennis and me in our C.H.S. Class of 1971 Annual C-Club photo. Dennis's height amazed me how he could so easily transform down into a catcher's position. By our Junior year my arm was history. But Dennis helped me save face by making a target and stopping all the crap I threw at him. All in good nature. A Great guy.



Mark Behler - November 20, 2024 at 05:05 PM

DD

“ Dennis and I go back about 53 years when I first met him in Portland as we both were attending an Electronic Engineering College. We kept in touch as he also worked for State Parks a few summers, where worked as Construction Lead. He was a great guy with a Stellar work ethic and great love for the outdoors and his family. He will be missed tremendously.
Sincerely,
Duane W. Dahlke

Duane Dahlke - November 17, 2024 at 08:47 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Dennis D. Frost.*



November 16, 2024 at 09:44 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Dennis D. Frost.

November 16, 2024 at 09:44 AM



“ *I have been blessed to know D-frost most of my adult life. He was a great man to work with and be around. He always a a story relevant to the day. Rest in peace my dear friend*

Troy Davis - November 14, 2024 at 09:50 PM