



Helen C. Foland

June 7, 1921 - March 27, 2016

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Helen Foland (Perman) was born in Ashley, ND to Adam and Katharina Opp Perman. German was her first language, until attending public schools in Mobridge, SD in 1927. She grew up in a farming family with 11 children, and was always recruited to help her grandmother on her farm every summer. Because of their large family, her mother would take one of the children out of school each week to help with the laundry. After receiving her education in Mobridge, she moved to Wenatchee in 1939. She married the love of her life, L.E. Bud Foland in 1943. After her 3 children, Gary, Cathi and Mark started school, she returned to work as a supervisor in various warehouses. Her sister and best friend Florence worked together throughout their lives. During their final years, they were notorious as the two German sisters at Blossom Valley Assisted Living. Never to be parted, they spent their final days together. Helen was a long-time member of St. Paul's Lutheran Church and a member of the LWML Altar Guild. She was well known for her German Chicken Noodle soup and her scrumptious Waffle Cookies, which her granddaughter Michelle still bakes to this day. Fishing at Lake Chelan and Banks Lake with Bud was the highlight of their summers, along with visits to Yakima to visit relatives and dance the Polka to German bands brought in for their celebrations. All 3 children loved spending their summers at Lake Chelan, swimming, boating

and making smores around the campfire.

Helen is survived by two children - Gary Foland (Renee), and Cathi Foland. She is also survived by her sister Irene Walth of Mobridge, SD, and brother Jack Perman of Mobridge, SD, three grandchildren: Michelle Jennings; Bryan Foland, and Jeremy Kendall; and Great Granddaughter Reece Jennings, along with a large extended Foland clan. She was preceded in death by her parents, husband Bud and youngest son Mark, along with six brothers and two sisters.

Funeral services will be held on Friday, April 1, 2016, 11:00 a.m. at St. Paul's Lutheran Church, 312 Palouse St, Wenatchee. A reception and lunch will follow at the Wild Card Sports & Grill (formerly Rivers Haven), at 560 Valley Mall Pkwy, East Wenatchee. In lieu of flowers, donations may be made to St. Paul's Lutheran Church, or the charity of your choice. Please express your thoughts and memories on the online guest book at jonesjonesbetts.com. Arrangements are by Jones & Jones Betts Funeral Home, Wenatchee, WA.

Tribute Wall



“ Jones & Jones - Betts Funeral Home created a Tribute Video in memory of Helen C. Foland



Jones & Jones~Betts Funeral Home - April 01, 2016 at 02:23 PM

KG

Beautifully and wonderfully done. I laughed and cried at the same time. Thanks for sharing with us. Kay

Kay Gill - April 01, 2016 at 06:33 PM

SJ

“ *I will always remember Mrs. Foland as a kind and happy lady. During my Jr. High years I would often go to the Foland home and shoot baskets with Mark. Mrs. Foland always had a plate of her frosted waffle cookies for us...I loved'em. Mark would sometimes bring these cookies to school and sell them for a quarter apiece. But if you just went to the house his mom would give you as many as you wanted. After Mark passed away I took over some Elk Sausage and Cheese for the family. I had a great visit with Mrs Foland at that time. I told about how much I had like liked her cookies and told her about Mark selling them at school. She thought that was so funny and laughed. About a week after my visit with her she sent me a large plate of Frosted Waffle cookies. I was very touched by her kindness. She was a Great Lady and her passing hurts my heart. Steve enks*

Steve Jenks - March 30, 2016 at 09:28 PM